

Zydus Medical College & Hospital, Dahod 389151 Gujarat

**MBBS PHASE-I BATCH 2019-20
FOUNDATION COURSE**

AUGUST 2019

Date	9:00 to 10:00	10:00 to 11:00	11:00 to 11:15	11:15 to 12:15	12:15 to 1:15	1:15 to 2:00	2:00 to 3:30	3:00 to 5:00
1.8.2019	Tea	Dean's Address		1. Address by HODs 2. Academic Calendar 3. Parent Teacher Interaction		Lunch Break	Allotment of Roll Numbers batches A: 1-63 ; B: 64-126 C: 177- 187	
2.8.2019	Yoga Lecture		Short Break	Orientation: Physiology		Lunch Break	Orientation: Biochemistry	
3.8.2019	Yoga session		Short Break	Orientation: Anatomy		Half day break		
5.8.2019	Yoga session		Short Break	MBBS Program, Academic Ambience and mentorship	History of Medicine	Lunch Break	Introduction to Medical Ethics	
6.8.2019	Yoga session	National Health Policies	Short Break	Universal Precautions and Vaccination	Patients Safety and Biohazard Safety	Lunch Break	College/Hospital Visit	
7.8.2019	Yoga session	Health Care Delivery	Short Break	Alternate Health System	Library Facility	Lunch Break	College/Hospital Visit	
8.8.2019	Informed consent		1. PSM field visit A batch 2. Parameters of fitness B batch 3. Communication skills C batch					

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9.8.2019	Yoga session		Short Break	Time management	Gender sensitization	Lunch Break	Language skills/ extracurricular activities	
10.8.2019	Working within a healthcare team		Short Break	Doctor's role in society		Half day break		
12.8.2019	BAKRI ED HOLIDAY							
13.8.2019	Yoga session		Short Break	Records and documentation	Research in medicine	Lunch Break	Language skills/ extracurricular activities	
14.8.2019	Concepts of exercise		Short Break	Perspectives of medicine and personal goals		Lunch Break	Sports	
15.8.2019	INDEPENDENCE DAY							
16.8.2019	Yoga session		Short Break	<ol style="list-style-type: none"> 1. PSM field visit B batch 2. Parameters of fitness C batch 3. Communication skills A batch 				
17.8.2019	Yoga session			Telemedicine	Handling Bio-waste	Half day break		

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19.8.2019	Yoga session		1. PSM field visit C batch 2. Parameters of fitness A batch 3. Communication skills B batch					
20.8.2019	Stress management	Short Break	What is it to be a patient?			Lunch Break	Language skills/ extracurricular activities	
21.8.2019	Use of IT in education	Immunization requirement for health care professionals				Lunch Break	Sports	
22.8.2019	Yoga session	Basic life support						
23.8.2019	Yoga session	Short Break	End of life care (Palliative Care)			Lunch Break	Language skills/ extracurricular activities	
24.8.2019	JANMASTAMI HOLIDAY							

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26.8.2019	Yoga session		Short Break	Gratitude towards teachers	Health wellness literacy	Lunch Break	Sports	
27.8.2019	Group dynamics		Short Break	Anti-ragging policy	Professionalism , attitude and ethical behavior	Lunch Break	Sports	
28.8.2019	Yoga session		Short Break	Computer skills	Learning methods	Lunch Break	Sports	
29.8.2019	Learning methods		Short Break	Vaccination	Value of integrity and honesty during interaction with peers	Lunch Break	Language skills/ extracurricular activities	
30.8.2019	Yoga session		Short Break	Computer skills	Learning methods	Lunch Break	Student's talent /extracurricular activities	
31.8.2019	Role of nutrition		Short Break	Site seen and regional values				